

## Cardiac Stress Testing

{slimbox align=|right| padding=|5| title=|A cardiac stress test is a common test to diagnose coronary artery disease.| album=|mri|}images/stories/kingston/stress.jpg{/slimbox}The staff and doctors of Vision Imaging of Kingston understand that cardiac stress tests can be just that &ndash; stressful.

That&rsquo;s why we make every effort to ensure patients are comfortable and understand the testing process from start to finish.

And because waiting for results can be even more stressful than the test itself, we report the results to your physician in as little as a day, so that you can know the status of your health as quickly as possible.

A cardiac stress test is one of the most common screening tests used to diagnose coronary artery disease. Because some forms of coronary disease are difficult to detect when a patient is resting, a cardiac stress test often helps to detect symptoms.

Patients are asked to perform a low level of exercise on a treadmill while heart rate and blood pressure are closely monitored and recorded. All tests are monitored by on-site cardiologists and critical care nurses.

You&rsquo;ll feel comfortable knowing that the doctors, technologists and staff are committed to providing excellent service that starts the moment you walk into our office and lasts until the time you head home.